Name:	Start Day & Time:
name:	Start Day & Tillie:

### BEFORE USE complete the Before column below.

#### **DAY OF USE**

- APPLY the X39™ patch in the MORNING to Clean, Dry Skin.
- PLACE the X39<sup>™</sup> patch on the BODY, using one of these locations OR on any point of pain.
- Stay really hydrated.
- WEAR the X39<sup>™</sup> patch for 12 HOURS, REMOVE and DISCARD BEFORE BEDTIME.

#### **NEXT DAY**

- Complete the NEXT DAY column below and contact your Referrer to share your experience.
- Ask about the 30 Day Risk-Free Trial Pack.





# Rate yourself on a 1-5 scale in each of the sections below.

A higher score is better for these symptoms - 1. Excellent 2. Good 3. Fair 4. Poor 5. Bad

	Doforo	24	7	14	21	30	60	90
	Before	hours	days	days	days	days	days	days
Quality of Sleep								
Mental Clarity								
Energy & Vitality								
Stamina								
Recovery Time								
Muscle Strength & Tone								
Mobility								
Skin Appearance								
Eye Health & Sight								
Quality of Hair								
Feeling of Well Being								
Other:								

## A lower score is better for these symptoms - 1. None 2. Mild 3. Moderate 4. Intense 5. Severe

		24	7	14	21	30	60	90
	Before	hours	days	days	days	days	days	days
Pain								
Inflammation								
Headaches								
Migraines								
Mood Swings								
Fine Lines & Wrinkles								
Age Spots								
Scars								
Other:								